

**Showing Nobility: The English Aristocracy's Performance and Conceptions of Self in the  
14<sup>th</sup> and 15<sup>th</sup> Centuries**

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Thanks to the Paul Nyhus Large Travel Grant, I had the opportunity to spend the summer in Maine researching the English aristocracy during the 14<sup>th</sup> and 15<sup>th</sup> centuries, particularly focusing on how they used visual markers, including behavior and material goods, to define both self and group. This grant enabled me to spend six weeks at Bowdoin conducting my research through the library's extensive resources and meetings